

WELLNESS CENTER INFORMATION



AlamoGordo Physical Therapy & Wellness Center, Inc.

Wellness Center Program

In addition to our therapy services, we offer our facility/equipment to the general public on a membership basis. Our goal is to provide a clean, safe, and professionally staffed environment to allow our members to achieve their health and wellness goals.

Hours of Operation

- Monday thru Friday from 6:00 a.m. - 6:30 p.m.
- Closed/Reduced hours for holidays and special occasions will be posted in advance.

Professional Staffing

Our friendly staff is always here to assist you. Need more in depth instruction on how to use the equipment or what exercises would be most appropriate to help you? Fitness appointments and personal training services are available for an additional charge where a certified instructor will design a personalized exercise program for you and work with you to help you achieve your wellness goals.

Rates/Payments

You must be 18 years or older to join. **Rates are \$35 per person, per month + tax.**

No contract with monthly draft:

- Terms of Membership: Ongoing member until written notification is submitted to stop membership. Enrollment in our automatic Draft/Charge Program is required.
- Payment: Dues for initial month are prorated. Dues are assessed on the 1st of each month and electronically drafted from a bank account or automatically charged to a credit card on the 4th of each month.
- Terminations: Accepted via written notice before the 1st of any month. No refunds.

3 month contract/paid. In advance - no discount
6 month contract/paid. In advance - 5% discount or
12 month contract/paid in advance - 10% discount:

- Terms of Membership: Six (6) or twelve (12) consecutive months.
- Payment: Cash, check, credit card payment in full at time of registration.
- Terminations: Refund/release of contract may be requested in writing along with proof of relocation outside of county or note from physician of medical circumstance. Refund will be processed for remaining time on contract minus the applicable discount total.

Guests/Minors

Minors: Members may bring minor family members (ages 14-18 yrs. old/living under same roof) for no charge under the adult's membership. Minors 14-15 years of age must attend with member and member must stay in attendance with minor at all times. Minors 16-17 years of age or older may attend without supervision.

Guests: Members may bring out-of-county residents for no charge. Guest must attend with member. Guest must be able to show ID with out-of-county address. Guests will be required to sign liability waiver prior to using facility.

Dress Code

For your safety, the comfort of others, and to help maintain the cleanliness of the equipment, the following dress code will be required: Shoes, modest shorts or pants, and a full shirt with sleeves. No bare midriffs. Thank you!

Amenities

Showers and daily-use lockers are available for our patrons. Please bring your own towel(s), soap, shampoo, lotion, etc. Please bring your own lock. Locks left on lockers overnight will be cut off.

www.nmrehab.com

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